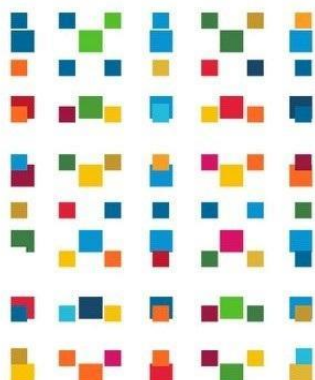
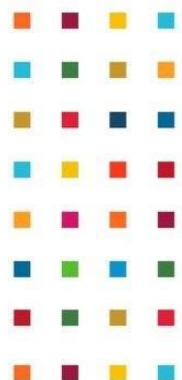


YOUNG LEADERS FOR HEALTH CONFERENCE 2019

AUGUST, 15-18th 2019
BERLIN, GERMANY

CONFERENCE GUIDE



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Welcome Message from the YLH Founders

Dear colleagues and friends,

As the founding board members of Young Leaders for Health, it is with great pleasure that we welcome you to the 3rd Young Leaders for Health Conference. Whether you have travelled a significant distance to be here, or have made Berlin your permanent home, it is our honour to welcome you.

We would also like to thank the entire organizing committee who has worked on putting this successful assemblage together.

This year's YLH Conference finds us face-to-face with a challenge of unprecedented scale: More than a quarter of the world's countries do not have enough health workers. The world needs new health workers to address global workforce shortages. The urgency to address said health worker crisis is a challenge for all high-, middle- and low-income countries alike. Hence, strengthening the health workforce must be made a key priority for all countries if they are to be successful in achieving universal health coverage.

The YLH Conference is committed to make genuine, concrete and reliable contributions to how public and global health are both perceived and addressed. It aims to be the platform for learning, leadership and diplomacy training as well as global networking as it brings together students and young professionals from various academic backgrounds as well as renowned speakers and experts from across the globe.

Thank you for joining us as we work towards strengthening the global health workforce. We congratulate you for your commitment and active participation and wish you all a fruitful YLH Conference

Tanya Herfurth, Aymen Meddeb, Julius Murke
Founding Board Members of Young Leaders for Health.

Message from the YLH Conference 2019 Coordinators

We are happy to welcome you to Berlin!

We would like to start by thanking all participants for making this event possible. We are commending you for taking this step forward in your global health and leadership journey. We sincerely hope that you will take advantage of this opportunity and make the best of it.

During this event, we look into the theme: "Health Workforce", which faces a lot of challenges in the health sector of today and forecasted future. This is why we have gathered together young professionals from diverse backgrounds to come together to generate innovative ideas and offer solutions to issues of the health workforce. We hope that you take the time to listen carefully, reflect on the work and knowledge of the speakers and workshop holders, and that you engage productively with them and your fellow participants during the event.

We also would like to thank our guest speakers and workshop holders for gracing our event despite their busy schedules, to share their expertise and support us all as young leaders in health. We have prepared materials to guide and help you before and during this conference, so that you can become a more confident young health leader. We strongly encourage you to prepare and adhere to your delegate roles throughout the event, even with your country, organization or company's inherent biases or issues. Finally, we wish to thank our passionate Organising Committee (OC), who have dedicated months of preparation and planning to ensure that your time in Berlin is unforgettable.

Tobias Weitzel and Naomi Limaro Nathan
YLH Conference 2019 Coordinators,
on behalf of the YLH Conference Organising Committee.

The Conference Venue: Charité Medical University

History of the Charité Medical University

Founded in 1710 as a plague house on the outskirts of Berlin, the Charité has become an important location for practicing medicine, studying and research. In 1727 the house was declared a hospital and named "Charité", which means "mercy". Rudolf Ludwig Carl Virchow (1821 - 1902) is one of the most notable figures in the history of Charité. He is considered to be the founder of modern social hygiene. He famously stated, "Medicine is a social science, and politics is nothing more than medicine on a large scale." From 1859 Virchow was a member of the Berlin City Assembly and in his role improved sewerage system, drinking water supply, as well as the public welfare system. Due to his efforts, new public hospitals were built for the rapidly growing population of Berlin. The hospital in Wedding, whose opening in 1906 Virchow didn't experience, was named in his honor "Rudolf-Virchow-Krankenhaus". This is the campus where the conference is taking place. Over the past hundred years, the Charité became more and more important and eventually became a university hospital. In 2003, the *Charité - Universitätsmedizin Berlin* (engl. Charité Medical University Berlin) was founded. Today, the Charité is one of the largest and best university hospitals in Europe.

Directions to the Conference Venue

The closest subway station is the U9 *Amrumer Straße*. Change at *Zoologischer Garten*, *Westhafen* or *Leopoldplatz* to take the U9 in the right direction. Once you get to the station *Amrumer Straße* take the exit "Föhrer Straße / Amrumer Straße". Walk across the green path called "Mittelallee". To your right you will find Mittelallee 10, where some workshops will be held. Continue further until you reach the end of Mittelallee, keep to the left and look to the left, where you see the wonderful Forum 3. Enter and let's start the conference!

Please have a look at this map. The conference venue is marked with a green pin.



Address for Google Maps: Charité Campus Virchow-Klinikum, Forum 3
Augustenburger Platz 1, 13353 Berlin

Conference Schedule

Thursday, 15/08/2019

Time	Session	Location
11:15 – 12:45	Registration	EG Foyer, Forum 3
12:45 – 13:45	Opening Ceremony	Hörsaal 3, Forum 3
13:45 – 15:00	Keynote: <i>Youth and the Health Workforce</i>	Hörsaal 3, Forum 3
15:00 – 16:15	Simulation of WHA: Delegate Training	Audimax, Forum 3
16:15 – 16:30	Coffee Break	EG Foyer, Forum 3
16:30 – 17:45	WHA: NSA Meeting	Kursraum 1, Forum 3
	WHA: Regional Bloc AMRO	Kursraum 2, Forum 3
	WHA: Regional Bloc AFRO	Seminarraum 2, Forum 3
	WHA: Regional Bloc EURO	Seminarraum 3, Forum 3
	WHA: Regional Bloc EMRO	Kursraum 5, Mittelallee 10
	WHA: Regional Bloc SEARO/WPRO	Kursraum 6, Mittelallee 10
17:45 – 18:00	Coffee Break	EG Foyer, Forum 3
18:00 – 19:00	WHA: NSA Meeting	Kursraum 1, Forum 3
	WHA: Regional Bloc AMRO	Kursraum 2, Forum 3
	WHA: Regional Bloc AFRO	Seminarraum 2, Forum 3
	WHA: Regional Bloc EURO	Seminarraum 3, Forum 3
	WHA: Regional Bloc EMRO	Kursraum 5, Mittelallee 10
	WHA: Regional Bloc SEARO/WPRO	Kursraum 6, Mittelallee 10

Friday, 16/08/2019

Time	Session	Location
09:00 – 10:00	WHA: NSA Meeting	Kursraum 1, Forum 3
	WHA: Regional Bloc AMRO	Kursraum 2, Forum 3
	WHA: Regional Bloc AFRO	Seminarraum 2, Forum 3
	WHA: Regional Bloc EURO	Seminarraum 3, Forum 3
	WHA: Regional Bloc EMRO	Kursraum 5, Mittelallee 10
	WHA: Regional Bloc SEARO/WPRO	Kursraum 6, Mittelallee 10
10:00 – 10:15	Coffee Break	EG Foyer, Forum 3
10:15 – 11:15	Keynote: <i>Disruptions, Politics and Opportunities</i>	Hörsaal 3, Forum 3
11:15 – 12:45	WHA: NSA Meeting	Kursraum 1, Forum 3
	WHA: Regional Bloc AMRO	Kursraum 2, Forum 3
	WHA: Regional Bloc AFRO	Seminarraum 2, Forum 3
	WHA: Regional Bloc EURO	Seminarraum 3, Forum 3
	WHA: Regional Bloc EMRO	Kursraum 5, Mittelallee 10
	WHA: Regional Bloc SEARO/WPRO	Kursraum 6, Mittelallee 10
12:45 – 13:45	Lunch	EG Foyer, Forum 3
13:45 – 15:00	Keynote: <i>Staffing Health Services in Challenging Environments</i>	Hörsaal 3, Forum 3

15:00 – 16:15	Workshop: <i>Availability and Performance of the Health Workforce</i>	Kursraum 1, Forum 3
	Workshop: <i>Safety and Security: Health Workforce in Crisis Situations</i>	Kursraum 2, Forum 3
	Workshop: <i>Learning Behaviour Changes and Social Skills in Healthcare</i>	Seminarraum 2, Forum 3
	Design Thinking Lab	Kursraum 5, Mittelallee 10
	Systems Thinking Lab	Kursraum 6, Mittelallee 10
16:15 – 16:30	Coffee Break	EG Foyer, Forum 3
16:30 – 17:45	Workshop: <i>Community Health Worker Model in Theory & Practice</i>	Kursraum 1, Forum 3
	Workshop: <i>Helping Health workers to achieve their potential</i>	Kursraum 2, Forum 3
	Workshop: <i>Gender Dimensions of the Health Workforce</i>	Seminarraum 2, Forum 3
	Workshop: <i>How to prepare the Health Workforce to deliver the digital future</i>	Seminarraum 3, Forum 3
	Design Thinking Lab	Kursraum 5, Mittelallee 10
	Systems Thinking Lab	Kursraum 6, Mittelallee 10

Saturday, 17/08/2019

Time	Session	Location
09:00 – 10:00	Keynote: <i>Women, Leadership and the Health Workforce</i>	Audimax, Forum 3
10:00 – 10:15	Coffee Break	EG Foyer, Forum 3
10:15 – 11:15	Non-State Actor Media Hour	Hörsaal 3, Forum 3
11:15 – 11:45	WHA: NSA Meeting	Kursraum 1, Forum 3
	WHA: Regional Bloc AMRO	Kursraum 2, Forum 3
	WHA: Regional Bloc AFRO	Seminarraum 2, Forum 3
	WHA: Regional Bloc EURO	Seminarraum 3, Forum 3
	WHA: Regional Bloc EMRO	Kursraum 5, Mittelallee
	WHA: Regional Bloc SEARO/WPRO	Kursraum 6, Mittelallee
12:45 – 13:45	Lunch	EG Foyer, Forum 3
13:45 – 15:00	WHA: Plenary 1	Audimax, Forum 3
15:00 – 16:15	Workshop: <i>Health Workforce Preparedness for Outbreaks</i>	Kursraum 1, Forum 3
	Workshop: <i>Medical Peace Work</i>	Kursraum 2, Forum 3
	Workshop: <i>Health and Climate Change</i>	Seminarraum 2, Forum 3
	Design Thinking Lab	Kursraum 5, Mittelallee 10
	Systems Thinking Lab	Kursraum 6, Mittelallee 10
16:15 – 16:30	Coffee Break	EG Foyer, Forum 3

16:30 – 17:45	Workshop: <i>Young Leaders Approach to Health Policy</i>	Kursraum 1, Forum 3
	Workshop: <i>Advocacy and Stakeholder Mapping for the Health Workforce</i>	Kursraum 2, Forum 3
	Workshop: <i>Improving Health Communication and Media Engagement to enhance Health Workforce Effectiveness</i>	Seminarraum 2, Forum 3
	Workshop: <i>Medical Peace Work</i>	Seminarraum 3, Forum 3
	Design Thinking Lab	Kursraum 5, Mittelallee 10
	Systems Thinking Lab	Kursraum 6, Mittelallee 10
17:45 – 18:00	Coffee Break	EG Foyer, Forum 3
18:00 – 18:40	Young Leaders Seminar	Hörsaal 3, Forum 3

Sunday, 18/08/2019

Time	Session	Location
09:00 – 10:00	Keynote: <i>Health Workforce Mobility and Migration</i>	Hörsaal 3, Forum 3
10:00 – 11:15	WHA: Plenary 2	Audimax, Forum 3
11:15 – 11:30	Coffee Break	EG Foyer, Forum 3
11:30 – 13:30	WHA: Plenary 3	Audimax, Forum 3
13:30 – 14:15	Lunch	EG Foyer, Forum 3
14:15 – 15:00	Closing Ceremony	Hörsaal 3, Forum 3

List of Socials during the Conference

- **Thursday, 15/08/2019, 20:00 – 23:00**

Networking Evening at a beer garden

Location: Biergarten Moabiter Freiheit, Alt-Moabit 24, 10559 Berlin



- **Friday, 16/08/2019, 20:00 – 0:00**

Get Together at a Rooftop Bar

Location: House of Weekend – Alexanderstraße 7, 10178 Berlin



- **Saturday, 17/08/2019, 20:00 – 0:00**

Intercultural Night at the Conference Venue

Location: Augustenburger Platz 1, 13353 Berlin





General Information

► Decorum and Respect

The YLH Conference 2019 is welcoming participants from all around the world. We all come with different backgrounds and experiences. Therefore, all attendees are expected to undertake responsibilities in a way that is respectful of others, ensuring that the YLH Conference 2019 is accessible for all to participate. We're committed to making an environment for all delegates that is free from discrimination, harassment and prejudice. We expect all participants to respect the environment and follow conference rules and procedures as outlined by the YLH Conference 2019 Organising Committee (OC), the chairs, staff and security at the event. Participants are free to raise any concerns and make complaints if any issues arise to the YLH Conference OC.

► Technology

Delegates are expected to attend the event with their Laptops, Tablets or any smart devices that will support engagement and accessibility to materials during the event. The use of mobile phones for any activity other than conference participated is prohibited within regional blocs and plenary. We expect you to adhere to this rule in order to maximise participation during this event. Note: Come with your chargers and connecting cables. International delegates may require an adapter for German sockets to connect to power sources. In Germany, the power plugs and sockets are of type F. The standard voltage is 230 V and the standard frequency is 50 Hz.

► Dress Code

The Dress Code of the YLH Conference 2019 is business casual.

► Catering

Throughout the event, coffee and lunch would be provided. All catering will be provided on site at the venue. Food and refreshments will be provided following the opening ceremony at our social and networking event. Should you want to explore other food options in Berlin, please refer to the guide to Berlin section for locations for breakfast options and other restaurants.

► Social Media

During this event, we will be using the following social media platforms: Facebook, Twitter, Instagram. Participants are encouraged to follow our social accounts (please see below), use the event's hashtags #YLHConference2019, #HealthWorkforce and #YLH and do not forget to give us a shout out on social media. We encourage all participants to establish and become familiar with a Twitter account before attending the YLH Conference 2019. Twitter is a vital source for delegate communication and conference updates, including regional blocs and plenary proceedings, announcement of alliances, media press releases and interviews and is a vital resource for connecting with international organisations beyond the YLH Conference 2019. Please feel free to add and quote the YLH Conference 2019 organisers, speakers and delegates on Twitter (unless told otherwise). These handles will be shared during the conference.

Keynote Lectures

The series of keynote lectures will give you the most important information about this year's topic "health workforce". These lectures are not just numbers read off the screen. Instead, they will be held by renown experts and leaders in global health, who will provide both theoretical knowledge as well as practical insights from their professional experiences.

This year's keynote topics:

- **Youth and Health Workforce**
- **Disruptions, Politics and Opportunities**
- **Women, Leadership and the Health Workforce**
- **Health Workforce Mobility and Migration**
- **Staffing health services in challenging environments**

Meet the Keynote Speakers



Dr Caline Mattar

Keynote: Youth and the Health Workforce

Workshop: Advocacy and Stakeholder mapping for the health workforce

Caline is an Assistant Professor of Medicine at Washington University in St Louis (WUSTL) and serves as the immediate past Chair of the Junior Doctors Network of the World Medical Association, where she also leads Antimicrobial Resistance (AMR) efforts of the organization. She has completed her medical school training at the American University of Beirut in Lebanon, where she practiced medicine prior to moving to the United States to complete an Internal Medicine Residency and subsequently a fellowship in Infectious Diseases. Caline has collaborated with the World Health Organization (WHO) Antimicrobial Resistance Secretariat for a number of years now and has served on the Expert Groups on the Education of the Health workforce around AMR, and behaviour change. She also serves on the Antimicrobial Resistance Committee of the Infectious Diseases Society of America where she focuses on Global Antimicrobial Resistance, and advocacy for Research and Development of new antibiotics, diagnostics and other therapeutics within the United States and globally. She recently became the Chair of the Expert Advisory Group for the Global Antimicrobial Resistance Research and Development hub in Berlin as well. She has a special interest in Human Resources for Health as well. She leads part of the advocacy portfolio of the WMA on the issue, and currently chairs the Global Health Workforce Network Youth hub at WHO. During her student years, she held various leadership positions namely the president of the Lebanese Medical Students International Committee LeMSIC, and IFMSA Vice-President for Internal Affairs subsequently. She is the founder of the Women in Global Health Midwest Chapter in the USA and is working on the development of a regional chapter in the Eastern Mediterranean Region. At WUSTL, she directs various programs for Global Health Education for students and post graduate trainees



Professor Ilona Kickbusch

Keynote: Disruptions, Politics and Opportunities

Professor Ilona Kickbusch is the Director of the Global Health Centre at the Graduate Institute of International and Development Studies in Geneva. Professor Kickbusch key interests relate to the political determinants of health, health in all policies and global health. She established the Global Health Centre at the Graduate Institute for International and Development Studies in Geneva. In this context she advises countries on their global health strategies and trains health specialists and diplomats in global health diplomacy. She is engaged in developing a new focus for the center on the governance of health in the context of digital transformation.

She is a member of the Global Preparedness Monitoring Board and the WHO High-Level Independent Commission on NCDS and is co-chair of UHC 2030. She acts as Council Chair to the World Health Summit in Berlin. She has been involved in German G7 and G20 activities relating to global health and chairs the international advisory board for the development of the German global health strategy. She publishes widely and serves on various commissions and boards. She initiated the @wgh300 list of women leaders in global health. She is program chair of the leaders in health network SCIANA.

Professor Kickbusch has had a distinguished career with the World Health Organization. She was a key instigator of the Ottawa Charter for Health Promotion and WHO's Healthy Cities Network and has remained a leader in this field, most recently advising on the WHO activities related to Promoting Health in the SDGs. She was the director of the Global Health Division at Yale University School of Public Health and responsible for the first major Fulbright Programme on global health.

She has recently been awarded the Cross of the Order of Merit of the Federal Republic of Germany (Bundesverdienstkreuz) in recognition of her "invaluable contributions to innovation in governance for global health and global health diplomacy".



Ann Keeling

Keynote: Women, Leadership and Health Workforce

Ann Keeling is a British citizen whose 35-year career in global health and social development has included posts in Pakistan, Papua New Guinea, Indonesia, the Caribbean, Belgium, USA and her home country, UK. She is currently the Chair of the NGO Age International and Board Member and Senior Fellow of Women in Global Health. Ann Keeling has been CEO of two global health NGOs, was UNFPA Country Representative Pakistan and Director Commonwealth Secretariat leading on Health, Education and Gender. Between 2008 and 2012 she was Chief Executive Officer of the International Diabetes Federation. In 2009, Ann Keeling founded the NCD (Non-Communicable Diseases) Alliance and as Chair, led the successful campaign for the 2011 UN High Level Summit on NCDs. Ann Keeling spent 8 years in Pakistan with the British Council, DFID and UNDP working on human development and women's rights.

She also held the post of Head of Gender Equality with the UK Government and senior posts with the Governments of Papua New Guinea, and Pakistan. She studied at Oxford University UK, Ann Arbor University USA, and in 1981, at the People's University in Beijing, China.



Dr Dominik Zenner

Keynote: Health Workforce Mobility and Migration

Dominik is Senior Migration Health Advisor for the IOM Regional Office in Europe and responsible for the development, co-ordination, and supervision of migration health program activities, strategies and priority setting in the EU/EEA area coordinated with national, regional and international partners.

Previously he was consultant epidemiologist and head of TB screening in Public Health England. He helped develop and implement the national TB strategy, including the LTBI screening programme, the health aspects of the UK refugee programme and the UK pre-entry TB screening programme. He has an academic and strategic interest in infectious disease epidemiology and migration health, demonstrated through publications and prizes and informed national and international policy.



Dr Tim Martineau

Keynote: Staffing health services in challenging environments

Workshop: Workforce Planning

Tim Martineau is a Senior Lecturer in Human Resource Management (HRM) at the Liverpool School of Tropical Medicine, UK, and leads a team working on health workforce issues. His research interests include health reforms and HRM, staff performance management, international migration of health professionals, decentralisation and human resource management, reducing geographical maldistribution of health personnel, the role of HR in policy development and the integration of non-formal health worker into the formal health system. He currently is the Principal Investigator of the EC Horizon2020 PERFORM2Scale programme, which is scaling up a management strengthening initiative, which uses action research in decentralised contexts to improve health workforce performance. His research and consultancy work have mainly been sub-Saharan Africa and the Indian sub-continent, but he has also worked in the Philippines, China, Russian Federation and Peru. He leads a short course/Master's module on Human Resource Planning and Management.



WHA Simulation

The World Health Organization (WHO) is the specialized agency of the United Nations that is concerned with international public health. The World Health Assembly (WHA) is its legislative and supreme decision-making body. Based in Geneva, it meets yearly in May. It appoints the Director-General every five years and votes on matters of policy and finance of WHO.

At the Young Leaders for Health Conference 2019, every participant will be part of a simulation of a meeting of the WHA. You will come prepared to step into the shoes of a representative from a certain country, NSA or media. You will debate, discuss, and write motions to be passed by the WHA. In order to keep the debate running smoothly and learn about global diplomacy, the WHA will be conducted according to the correct UN procedure.

As a delegate, you will be able to get an impression of the different preferences concerning global health as well as the negotiations going on between member states. You will get the chance to shape the future of global health, to set new goals and to get an extensive insight into financial policies and the creation of a budget. This makes the YLH Conference 2019 political. In pursuing their roles, participants will engage in conflicting discussions, be involved in backroom dealing, coerce and compromise. The goal of the simulation is to give participants the chance to learn about global health policy. Delegates will develop their leadership and organizational skills. They will be exposed to the politics that shape global decision-making gain perspective on the views, interests and challenges other countries face.

Delegate Roles during the Simulation



WHO Member State Representatives

You are a diplomat representing the government. Your goal is to pursue your country's (or better said government's) interests. You will present in opening statement in the plenary, write resolution drafts in self-organized drafting groups, debate in the assembly and push for the policy your country needs.



Non-state actor (NSA) Representatives

Non-state actors (NSAs) possess observer status. Representatives are allowed to speak when invited to do so by the dais, but not to vote during the formal debate.



Media Representative

As an independent journalist, you will be writing policy briefs, initiate twitter campaigns and advocate for the positions of your organization in order to influence countries and drafting groups to include your proposals into resolutions.

NOTE: More Information about the WHA Simulation can be found in the Participant Handbook.



Meet your Dais

N. Charles Hamilton

Charles is a global health practitioner from The Bahamas, with over five years' experience in public health, public relations; communications. He obtained a Bachelor of Biomedical Sciences from the University of Guelph, Canada, and completed a Double Master's Degree in Public Health with a Specialization in Health Economics and Governance of Health Systems from the Erasmus Mundus European Public Health+ (Europubhealth+) program. He is co-founder of the Sheffield World Health Organization (SheffWHO) Simulation and serves as a Director on the UK Model WHO (UKWHO) Charity Board.

Brian Li Han Wong

Brian, who hails from Canada, is a clinical epidemiologist with a background in global health, biomedical science and music. He is a PhD candidate in Cardiovascular Science at UCL, a clinical researcher with the Medical Research Council Unit for Lifelong Health and Ageing, and Fellow of the Royal Society of Public Health. Brian founded LonWHO, the UK's first Model WHO simulation, at the London School of Hygiene and Tropical Medicine (LSHTM) and is the Chief Executive Chair of the UKWHO Network. He actively chairs and acts as Director-General at simulations around the world.

Taylor Harris

Taylor is a graduate of a double Master of Public Health and Health Promotion through the European Master of Public Health program. She has partaken in many WHO simulations, including founding GranWHO. She has also actively chaired and acted as Director-General at WHO Simulations. She is also member of board of trustees for the United Kingdom Model World Health Organization (UKWHO) Charity.

Inga Vognild Schibsted

Inga is currently doing her Master of Public Administration at the University of Southampton. Her interests are the governance of epidemic diseases and mental health issues. She wants to contribute to a great debate at the WHA simulation.

Hannah Johansson

Hannah is in the last year of her bachelor's in international Relations with a minor in migration at University of Southampton. Throughout her studies global health issues have caught her interest. She is the deputy secretary for the WHA simulation.

Tracy Taylor

Tracy Taylor has a bachelor's in Political Science and a master's in Health Economics and Management with a specialization in decision making in healthcare. She spent 5 years teaching in Korea before she decided to pursue her desire to educate others about the importance of efficient and effective healthcare.

Nathaniel McVeagh

Nathaniel holds a BSc in International Relations from the University of Southampton. His passion for diplomacy has taken him to a position at the UK Representation to the EU in Brussels. He has been involved with Model United Nations for a long time, having both participated and chaired at various conferences in Asia and Europe.

Usha Lamichane

Usha has a research background in Biotechnology and Biophysics. She is currently pursuing a master's degree in public health with focus on health promotion and health systems research. Usha believes that an interdisciplinary approach is crucial in achieving sustainable development in health. A simulation of the WHA is the perfect platform for this, as it brings together motivated young leaders from different fields to tackle global health challenges.

Hannah Eger

Hannah has a bachelor's in health communication. Her work experiences abroad influenced her in taking on a global perspective on health matters and strengthened her wish to engage in global health. Thus, by chairing at the YLH Conference she aims to support young people in getting involved in global-health decision-making.

Track A: Workshop Program

Participating in our comprehensive workshop program will enable you to gain a deeper understanding of this year's topic "Health Workforce". They will provide an insight into the numerous subtopics relating to health workforce, such as availability, performance, safety, digitization and investments. These interactive workshops will give you the chance to find and work on practical solutions to the most pressing health issues worldwide. You will be able to test your knowledge whilst discussing your own views on the matter with peers and global health experts alike.

If you signed up for the Workshop program, **you will be able to choose 4 out of these workshops during the registration period on the 15th of August**. Please note: all workshops have a limited capacity. We do not guarantee that you will be able to participate in your preferred workshops. However, we can assure you that all workshops are great. The workshops take place during four timeslots on the 16th and the 17th in the afternoon. Please have a look at all available workshops!

Workshop Slot I: 16/08/2019, 15:00 – 16:15

1. Availability and Performance of the Health Workforce

Simone Mohrs and Evelyn Kozak, HOSPEEM

Participants will learn about the role and activities of national and European social partners in the recruitment and retention of health workers. Starting with an overview of the European Sectoral Social Dialogue Committee for the Hospital and Healthcare Sector, the workshop provides a country example from Germany. Afterwards, participants will be split into two groups (employers' and trade unions) and simulate a European social dialogue session on the availability of the health workforce.

2. Security and Safety: Health Workforce in Crises

Tim Wurr, German Red Cross

Health delegates face various challenges in international cooperation and humanitarian aid. Organisations have a direct duty of care for the national staff they employ in matters of safety and security. Which measures should be taken to ensure that the protection of health staff and facilities are appropriate to the situation? How can and should delegates prepare their missions? What kind of support can, and should organisations provide in order to protect their delegates in the field?

3. Learning behaviour changes and social skills in healthcare

Oliver Rong, Roland Berger

This interactive workshop will allow participants to dive into the world of learning behaviour and social skills and introduce them into the challenges, needs for action and necessary changes for the future. Participants will examine how optimal learning behaviour looks like and which social skills are necessary and needed

Workshop Slot II: 16/08/2019, 16:30 – 17:45

1. How to prepare the Health Workforce to Deliver the Digital Future

Felix Machleid and Lina Mosch, European Medical Students Association

Digital health technologies promise to substantially improve healthcare. At the same time, they may disrupt the workflow and job profile of the future health workforce bringing about completely new challenges. For this reason, the European Medical Students' Association (EMSA) initiated a survey to assess the knowledge and needs of medical students' regarding digital health and its implementation in the medical education curriculum. In this interactive workshop we will explore the Impact of the digital transformation on health and identify key barriers for the preparedness of future healthcare professionals along with possible steps to be taken. Who should attend? Everyone who is interested in the topic of digital health and inclusion of new technologies to health professions' education and working environment.

2. The Community Health Worker Model in Theory & Practice

Matthias Kuske, Deutsche Aidshilfe

The Community Health Worker (CHW) plays a crucial role in securing the health of communities. While this term is common in the Americas and Africa, it is not really implemented in Europe. This Workshop will present first findings of a Europe-wide CHW study that will be published soon and discuss training needs of CHW and a training programme that was developed based on these findings. The ESTICOM project, in the framework of which the study and training programme were implemented, is focused on CHW working with men who have sex with men (MSM), but the results are transferable to many communities. The aim is to discuss the learnings and enable participants to transfer them into their jobs.

3. Gender Dimensions of the Health Workforce

Jessica Kraus and Isabela Vera, SEEK Development

Did you know that 70% of workers in the health and social sector are women? However, significant pay gaps and gender discrepancies in leadership positions in the healthcare workforce still persist, both in high- and low-income countries. To achieve gender equality in the healthcare workforce, gender transformative policies are needed to address inequities and eliminate gender-based discrimination. But how are donor countries supporting low-income countries to achieve this? The Donor Tracker, an initiative by SEEK Development, specializes in tracking global development donors and their funding for certain issues, including health. During this session, we will use the Donor Tracker toolbox and other resources to assess funding for gender equality in the health workforce. We will then go one step further and discuss how to design development projects to strengthen the healthcare workforce in a gender-sensitive way.

4. Helping health workers to achieve their potential

Tim Martineau, Liverpool School of Tropical Medicine

This workshop will enable participants to think more critically about they can help health workers to achieve greater potential. After a brief presentation of a framework for managers to improve workforce performance, participants will work in small groups to examine the way their performance is currently managed and how it could be supported better. After reporting back in plenary, some performance management tools will briefly be discussed as well as an approach to developing various performance management strategies as a system.



Workshop Slot III: 17/08/2019, 15:00 – 16:15

1. Health and Climate Change

Marie-Esther Rouffet-Degbello, French Red Cross

During this interactive workshop, prepare to enter the shoes of a person who will face consequences of climate change on health. We will reflect together on the wider picture (social and economic impact) and how we can move all together to improve the protection of the most vulnerable. A roleplay approach will be used to help participants better understand the impact climate change has on health.

2. Health Workforce preparedness for outbreaks

Thorsten Hornung, University Hospital Bonn

Even at the best of days, healthcare systems around the world are widely struggling to meet the populations ever-growing medical need. Infectious disease outbreaks can exponentially morbidity increases at short notice, thereby causing healthcare system breakdowns. The workshop will explore lessons learned from past and current outbreaks and their effect on the healthcare workforce. The final workshops part will investigate potential future challenges posed by infectious disease to global healthcare systems.

3. Medical Peace Work

Katja Goebbels and Carlotta Conrad, IPPNW

International Physicians for the Prevention of Nuclear War (IPPNW) will provide workshop participants with insights into the crucial role of medical peace works. participants will learn how war and human rights violations affect health, discover the unique role of the health worker in this regard and discuss the role of physicians and other health workers in the preservation and promotion of peace. The workshop will touch upon IPPNW's expertise in a wide variety of activities related to war, health, social justice and the environment. An audio-visual case about a nuclear weapon explosion will be used, as this crucial topic is still neglected within the Global Health community. Please note: also held during the fourth slot.

Workshop Slot IV: 17/08/2019, 16:30 – 17:45

1. Young Leaders Approach to Health Policy

Stephen Nurse-Findlay, World Health Organization

This workshop will use WHO cases to help participants understand how to “unpack” and understand health policy issues via asking better questions along a broader intellectual continuum as opposed to simply seeking textbook clinical or public health answers

2. Advocacy and Stakeholder mapping for the health workforce

Caline Mattar, Washington University St. Louis

Stakeholder mapping is an essential tool for effecting policy change both at the national and global level. This workshop will provide participants with the skills necessary to conduct a stakeholder analysis, which can be applied for any issue in Global Health to advocate for effective, evidence-based policy making. We will also do a case study addressing health workforce challenges and advocacy.

3. Medical Peace Work

Katja Goebbels and Carlotta Conrad, IPPNW

Please have a look at the description of this workshop in slot III. Please note: you can only participate in one Medical Peace Work Workshop. Chose either this one or the workshop in slot III.

4. Improving Health Communication and Media Engagement to Enhance Public Health Workforce Effectiveness

N. Charles Hamilton

As we face the challenge of professionalization of the public health workforce and capacity building in public health, it appears that public health professionals are further burdened with two key issues which can drastically impact our ability to ensure public health operations, health systems, policies and health laws are effective enough to ensure good health and wellbeing for the populations we serve is attainable. How do we increase our competencies to improve how we interact, engage and understand the content and context of the populations we work in? How can we ensure that PH professionals are able to improve their communications and advocacy skills and better integrate ourselves into the discourses and strategies around key global health issues - such as climate change, disease control (i.e. vaccinations), and health financing? This workshop aims to provide attendees with skills to better improve their health communication and media engagement skills, with the goal to effectively address health issues and decrease our fears of being in the public eye.

Track B: Systems Thinking Lab

About the Lab

The Systems Thinking Lab will give you the chance to conceptualize, experiment, experience and reflect on how systems thinking can be applied to complex adaptive health systems. You will gain not only insights on the concept of systems thinking, but also experiences in using its common methodologies and tools. During the lab, you will then be tasked to design and evaluate an intervention for the prioritized problem, deploying system thinking method and tools for which instructions and materials will be provided.

At the Young Leaders for Health Conference 2019, you will experience and understand how a complex adaptive system work, what it is, and how system thinking can be deployed to design solutions to overcome with system inefficiencies or problems. Facilitators will provide necessary guidance, and participants are expected to be ready for a shift in mindset from linear approach to a holistic view to understand complex adaptive health systems.

What is Systems Thinking?

A complex adaptive system (CAS) is defined as “a system that adapts and evolved through self-organization of a complex set of interconnected parts for a defined purpose”. A complex adaptive system consists of a number of elements (e.g. residents, healthcare providers, patients, policy makers etc) continuously interacting and adapting to changes in the other elements and the environment of which they are part. Systems thinking is an approach which first defines and considers characteristics of a CAS and aims to maximize positive effects while minimizing negative effects in the system. This requires considering dynamic relationships between all parts forming the system, and the impact of each on the entire system.

Systems thinking could address the limitations of linear and reductionist approaches, especially for health systems, by providing a holistic view on the organization and environment, their interrelated and interdependent parts. This could help to anticipate events and enables proactive planning rather than reactive action taking for emerging events.

Although the application of systems thinking in healthcare research has been existed for decades, the interest has recently seen a significant increase as demonstrated by the rise in the number of publications. The Alliance for health Policy and Systems Research at WHO has been established in recognition of the need for health policy and systems research to strengthen health systems and built the field of Health Policy and Systems Research.

Preparing for the Systems Thinking Lab

You don't need to prepare. Systems Thinking is something that must be learned hands-on - exactly what you will do in the Lab.

Track C: Design Thinking Lab

About the Lab

The Design Thinking Lab will give you the chance to ideate new global health solutions. Being presented with a real-world challenge you will be grouped with three other participants and conduct rapid innovation.

At the Young Leaders for Health Conference 2019, participants will get the chance to learn this solution finding method and directly apply it to a real-world global health challenge. Moderators and trainers will guide you through the process, but you must make the innovations.

What is Design Thinking?

Design Thinking is a methodology that has proven very successful in generating social and business solutions alike. Its two main features are:

1. Human-centred design
2. Rapid Innovation

Human-centred design is rooted in the belief that all problems are solvable if the people who face those problems every day serve as the key to finding the answer. This means that designers have to look at the challenge from these peoples' point of view and design for these people instead of holding abstract notions.

Design Thinking is a rapid innovation method because it forces designers to rapidly move through the design phases, prototype their ideas, 'test' them and re-innovate and if necessary, iterate instead of remaining for a long time in each design phase.

Preparing for the Design Thinking Lab

You don't need to prepare. Design Thinking is something that must be learned hands-on and accordingly, there is not much preparation needed.